

Employee Services



CONCERN services are available to all regular City of Seaside employees, their spouse or domestic partner and dependents.

ARE CONCERN SERVICES CONFIDENTIAL?

Yes. The law requires that your contact with CONCERN not be revealed to anyone, including your employer, without your knowledge and written consent. Legally required exceptions to confidentiality: when there is serious threat of harm to the client or others, or reasonable suspicion of child or elder abuse.

SHORT-TERM COUNSELING

Each individual has a 1-3 visit benefit per problem per 12-month period for personal problems. CONCERN offers assessment, crisis intervention, short-term counseling and referral to community resources. Sample topics include:

- Marital and family problems
- Difficulty with relationships
- Emotional distress
- Job stress
- Communications or conflict issues
- Alcohol or drug problems affecting you or your family
- Loss and death

PARENTING AND CHILDCARE RESOURCES

Referrals are available for a wide variety of childcare services in your area including:

- Family day care homes
- Infant centers & preschools
- Adoption Assistance
- Before/after school care
- In-home childcare
- Care for sick children
- 24-hour care
- Emergency/drop-in care
- School age & College assistance

LEGAL CONSULTATIONS

Referrals are available for legal issues. You will be linked to a local attorney for a free 30-minute office or telephone consultation. The legal referral service can be used for all types of legal matters (excluding claims involving workplace issues):

- Consumer issues
- Personal/family services
- Small business services
- INS issues
- Contract issues
- IRS matters

FINANCIAL COUNSELING

Information and resources are available for financial matters. You have access to our financial help line that provides sound financial guidance that will help you manage your money wisely and develop long-term financial security.

OLDER ADULT SERVICES

If you're caring for an elderly relative and need assistance in finding services or support, call CONCERN. Services include referral to programs and resources in your area that will make it easier to handle the task of locating the needed help.

ON LINE EDUCATION

LifeAdviser is your online education portal and resource center available 24/7 accessible from any internet web browser. It is a self-help portal with tools, tip, and resources to help employees and their families live healthier, happier lives. Check it out at www.concern-eap.com. Before you can take advantage of these features, you need to register the first time using **Company Code: City of Seaside** and create a personal user name and password.

Questions about CONCERN? Please call: 1-800-344-4222